

Pandemic (H1N1) Information

The Ministry of Health and Long-Term Care: Guidelines for the Prevention and Management of Pandemic (H1N1) 2009 in Elementary and Secondary Schools identifies influenza-like illness (ILI) as the acute onset of respiratory symptoms with fever and cough and one or more of the following symptoms: sore throat, muscle aches, joint pain, or weakness. In children under 5, gastrointestinal symptoms may also be present and fever may not be prominent.

The following are suggested to reduce the spread of H1N1: hand hygiene, cough/sneeze etiquette, and staying home when ill. Each classroom has been provided with an alcohol-based hand rub (ABHR).

Please be sure to monitor the Ministry of Health and Long-Term Care's H1N1 flu website regularly at www.ontario.ca/flu for updates and current information related to the H1N1 flu.

The Health Unit website (<http://www.wechealthunit.org>) is available for you to check regarding information and updates.