

THE LASALLE STORM



October 1, 2009



It was a beautiful night for our BBQ/Meet-The-Teacher night. It was wonderful to see so many families out. We hope that you enjoyed meeting all the teachers and staff at our school. A special thank you goes to Tracey Langlois, Jason Potma and members of SAC for organizing the barbeque. Thanks as well to the many parents, Sandwich Secondary students and staff who volunteered for this event and were ready to assist in any way. We would also like to thank M&M Meats for supplying and cooking all the food. Working together as a community made this event a successful one! Please keep in mind that you are welcome to call and meet with your child's teachers at any time. You don't need to wait for interviews if you have questions or concerns. Just give us a call at the school or send a note with your child. We want to work together to help all of the children at LaSalle Public School have a very successful school year. Working together we can make this happen!

We love to have volunteers in - THANKS so much to all who said "Yes" to volunteer on our "Volunteer" form - You will be hearing from us! We look forward to seeing many of you helping out in our school this year. It is not too late to volunteer. If you did not return the form, we still would be happy to have you come in and help out in some way.

Mrs. Breshgold, Mr. Dubeau

UPDATE ON THE BALANCED DAY

We are all making a very good adjustment to the new timetable created by the Balanced Day. Please continue to send healthy snacks for the first nutrition break. Teachers are noticing that students are more focused during the larger learning blocks and eating healthy snacks throughout the day is helping to keep all of us on task. Students report that they are enjoying the longer recess time in the morning as well.

COLOUR HOUSE T-SHIRTS

All new students and staff receive a free Colour House t-shirt. If your child requires a new one, please send a note to the classroom teacher with the following important information: name of student, colour house and size. The cost is \$7.00 and we will be placing an order for new shirts after Oct. 16, 2009.

WE WANT TO KEEP YOU IN THE KNOW

Please look for regular communication from your child's teacher, our school website, notes in the planner etc. We are planning to use our synervice regularly to keep you informed on all the important happenings at our school.

SAFE ARRIVALS/ATTENDANCE

Mrs. Charbonneau thanks all parents who are remembering to call the school and leave a message when their child will be absent or late from school. It saves her from making unnecessary of phone calls.

WALKATHON NEWS

Each year we have a walkathon to raise funds for the school and 100% of the profits from the walkathon go directly to the school. Funds raised are allocated to individual classes for special purchases (i.e. games, reading books, etc.), bussing for field trips, school performances, special programs such as music, library, physical education, and computers just to name a few. This year we are also going to allocate funds to purchase outdoor play equipment. Dates for the walkathon are **October 21st (JK to Grade 8) and October 22nd (JK/SK)** which is also the rain date. We are walking around our school track on Wednesday from 10:30 to 11:30 a.m. and Thursday from 8:45 to 9:35. All money collected should be in the office with completed pledge sheets by **October 21st in order to be eligible for the top prizes.** Parents are welcome to join us for the walk. Thank you in advance for your support. You are also welcome to join us for our awards assembly on November 13th at 1:45. If the walkathon is successful, we may not require any additional fundraising. Stay tuned!!!!

SCHOOL COUNCIL NEWS

We are very pleased to announce the LPS Executive for the 2009-10 school year: Chair – Tracey Langlois, Vice-Chair – Jason Potma, Secretary – Lisa Deklerk, Treasurer – Dawn Goddard. We had a wonderful turn out and we are looking

forward to an exciting year working together as partners in education. Please note that this year our School Council will meet on the **third** Tuesday of each month in the school library and our next meeting date is October 20, 2009. We welcome all parents.

MILK MOOVERS NEWS

We are moving into our 5th year of the milk program. The first day of milk will be Monday Oct. 5th and will continue for the first block until December 18th. We are looking forward to another fun and healthy year. The milk program is run entirely by parent volunteers. In order for this program to be a success we need parent volunteers. Volunteers are needed from 12:20 – 1:20 to hand out milk trays and restock trays for the next day. We are still looking for parent help so please consider volunteering. If you are interested please contact the office.

An important reminder from the LaSalle Fire Service: Please do not park in designated fire routes at any time. The driver as well as the school may be fined for failing to maintain a designated fire route. Thank you for your cooperation in this matter.

EXTREME RECYCLING TEAM

Mrs. Laing would like to introduce our Extreme Recycling Team this year. The upstairs collection team is Dayna Antonucci, Trysten Cassidy, Adam Wade, CJ Sevigny and Timothy Hills. Calin Sové, Aaron Hills, Jazzmin Vassell and Joshua Rose are responsible for the downstairs collection. The LPS Extreme Recycling Team has been hard at work picking up all the recyclables for the whole school. This is a huge job! NEWS FLASH! We are now able to recycle yogurt and margarine containers and milk containers. These go into our blue boxes now!

Not only do we recycle paper, cans and cardboard, we also collect empty toner cartridges and cell phones as one of our environmental projects. We have found a company, called Evergreen, who will actually pay us for these products. We collect any home or office printer cartridges, fax and copier toners. Just place these empty cartridges in a plastic bag and include your child's name and homeroom. We will be rewarding the class who collects the most cartridges at the end of the year!

LITTERLESS LUNCH

According to the Container Recycling Institute, close to 2.7 billion juice boxes end up in landfills every year and the Recycling Council of Ontario estimates the average student's lunch generates 30 kilograms (66 pounds) of waste per school year. (*Caitlin McCormack, AOL Lifestyle Canada*)

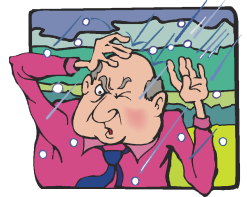
“A disposable lunch costs \$4.02 per day, versus \$2.65 for a waste-free lunch,” says Sarah Hubbard, of ReusableBags.com. This can add up to a savings of about \$246.60 per child per year she says.

Tips:

If you're looking for ways to turn your child's lunch green, Jana Campbell, from lunchwithoutwaste.com, offers these practical tips:

- 1) Reusable lunch containers and lunch bags don't have to be boring. Make a fashion statement with your green lunch. There are also many exciting litterless lunch accessories that have sprung up on the market.
- 2) Try to avoid packing kids' lunches with single-serve containers and pouches. Buy a big jar of apple sauce or yogurt and get your kids involved in making their lunch by putting it into smaller containers. Same thing goes for single-serve snack bags. In most cases, products can be purchased in larger bags or bought in bulk.
- 3) Fill your stainless steel water bottle with your favourite drink. The benefits are two-fold – less garbage and more money in your wallet.
- 4) Get your kids involved! Young children love helping in the kitchen – measuring, pouring, mixing, etc. Sure, it's easier to do it for them, but by letting them be part of the process, you'll foster their independence and self-sufficiency and teach them early on that litterless lunches are the way to go.
- 5) Practice what you preach. If your kids see you throwing away one Tim Horton's coffee cup after another, what message are you sending? Look at your own lunch for ways to reduce waste.

6) Avoid processed and pre-packaged foods; prepare meals from scratch whenever possible. Food provides nourishment, and eating empty calories does not serve our bodies well.



Thoughts From the ECC Team

INCLEMENT WEATHER

Inclement Weather and Contingency Plans: Please have a plan worked out with your child (ren) re: inclement weather, especially at the end of the school day. With the large number of students at LPS, it is very difficult to get last minute messages to students at the end of the day. We do understand that emergency messages must be delivered.

BOOK FAIR IS COMING!

Our first book fair of the year will be a Scholastic Fall Fair, and it arrives right after Thanksgiving! Tell your friends...we're open to the public, and take Debit as well as VISA, MASTERCARD, cheques and cash! Hours and dates are as follows:

Thurs. Oct. 15, 8:30 - 3:30
Fri. Oct. 16, 8:30 - 6:30 p.m. (Family Night!)
Mon. Oct. 19, 8:30 - 3:30 p.m.
Tues. Oct. 20, 8:30 - noon

If you're able to volunteer to work a half-day shift, please contact Mrs. Martin at martha_martin@gecdsb.on.ca, or call the school. Volunteers will receive training, a companion, and a little gift in thanks!

OPERATION CHRISTMAS CHILD

It's hard to believe that October is here already. We will be participating in Operation Christmas Child again this year. Operation Christmas Child is a project where we fill shoeboxes with gifts for children in desperate situations around the world. These shoeboxes are delivered to the children to open during Christmas. We are excited about the support of our LPS families on this amazing project and we thank you for your support!

ZEHR'S TAPES AND CAMPBELL SOUP LABELS

Remember to save your Zehr's tapes and soup labels.

STUDENT VOLUNTEERS BY THE DOZEN!!

Our Bus Patrols went to the safety training at Malden Park in September. Mrs. Breshgold accompanied them, and First Student bus trainers reported that they were excellent listeners and very respectful. We are so proud of our students. Foot patrols participated in their training on September 24th with our community partner Senior Constable Mike Foreman.

Lunch Monitors, from Grades 7 and 8, work one month shifts. They sit and eat with the students from Grades 1 to 6, and help to keep them safe. The adult Noon Aides also supervise the rooms and the hallways.

Kindergarten Helpers, specially selected by the JK-SK teachers, not only eat with the children, but go outside and help them with their playground games, always watching for safe play. Adult Noon Aides supervise this area, as well.

Reminder to parents - supervision on the schoolyard begins at 8:25. Students should not be arriving before that time.

Kiss and Ride and Dismissal

This year Kiss and Ride has gotten off to an excellent start. We are pleased to welcome several new parent volunteers to our morning team! Most families are safely using our morning drop off program. Please drive slowly and with caution through the driveway.

<p>Please respect that there is NO PARKING and NO STOPPING in the driveway except in the Kiss and Ride area from 8:25-8:40.</p>
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If you are coming into the school, walking your child to their yard or to their classroom, you must park in the parking lot or on the road.

We know that it is very busy at this time. **Please do not drop your children off in the parking lot** and have them walk across the driveway alone. It's at these busiest times that the safety concerns are the greatest!

Please drive and use Kiss and Ride with patience and care for our most precious resources, our children!

Please do not double park in the parking lot. **Please help us to make dismissal safe for all.** Parents please make sure to speak to your children if they are walking, roller-blading, skateboarding or riding a bike to school. Remind them that they must wait behind the Safety Patrols and Crossing Guards, and must obey their instructions. Also, parents, if you are dropping your children at the front of

the school, make very, very sure to slow down, both on Mayfair Ave. and on the school property. We are seeing some parents speeding along, and that puts our children at risk.

QUICK NOTES

*Transportation website/Inclement weather announcements - Link to our board's website at www.buskids.ca

* Please don't bring valuables to school (money, electronic games, I-Pods, etc.).

***ALLERGY ALERT: The frozen yogurt has a sticker attached that reads "May contain traces of nuts."**

*Please make sure that all bikes are placed in the racks properly. Once you have secured your bike move on to the playground.

*When dropping off children in the Kiss and Ride please do not pull up past the main entrance because this interferes with the bus area.

DATES TO REMEMBER

Monday Oct. 5 th	Milk starts
Wednesday Oct. 7 th	Pasta Lunch JK - Gr 4
Thursday Oct. 8 th	Pasta Lunch JK/SK – Gr. 4/5 – 8
Monday Oct. 12	Thanksgiving
Thursday Oct. 15	Book Fair Begins
Tuesday Oct. 20	Book Fair Ends
Wednesday Oct. 21	Walkathon
Thursday Oct. 22	Walkathon raindate JK/SK walk